

# FISH & GRILL

MALCOLM JOHN



Fish & Grill  
48-50 South End  
Croydon  
CRO 1DP

## Starters

Anchovie, Artichokes & Olives **£4.95**  
Half Dozen Rock Oysters **£11.95**  
Plateau Fruits de Mer **£16.95/£30.00 (for two)**  
Shellfish Bisque **£6.50**  
Moules Marinières **£6.95/£10.95**  
Dorset Crab Salad **£8.25**  
Baby Spinach  
Yellow Fin Tuna Tartare **£9.00**  
Ginger, Lime, & White Radish

Whitebait and Aioli **£5.50**  
Potted Smoked Cornish Mackerel **£6.50**  
Shellfish Cocktail **£7.95**  
Scallops & Spinach Gratin **£8.00**  
Plate of Smoked fish **£8.50**  
With Horseradish Cream  
Serrano Ham, Poached Pear & Cropwell bishop Stilton **£8.50**  
Montgomery Cheddar and Leek Tart **£7.95**  
Salad of Wild Mushrooms, Soft Quails Eggs **£7.50**

## Fish Main Course

*All cooked and served whole on the bone with Chips and Tartar sauce.*

Cornish Lemon Sole **£17.00**  
Cornish Line Caught Seabass **£18.00**  
South Coast Seabream **£16.00**  
Red Snapper **£15.95**  
Grilled Native Lobster **£16.95(h) £32.00(w)**  
Monkfish Tail **£16.95**  
Slip Soles & Buttered Herring Roes **£19.00**

Seafood Fettuccine **£14.95**  
Vegetarian Fettuccine **£11.50**  
Fish Pie **£12.50**  
Smoked Haddock **£11.95**  
Poached Egg, English Mustard & Creamed Potato  
Market Coconut Fish Stew **£14.95**

Seafood Mixed Grill **£16.95**  
Beer Battered Haddock, Pea Purée **£13.95**  
Halibut, Caper butter, Parsley Mash **£16.95**  
Atlantic Prawns, garlic and chilli (6) **£14.50**  
Cassoulet of Ham Hock & Octopus **£12.95**

## The Grill

*All our beef is Aberdeen Angus 28 days aged*

Free-Range Label Rouge BBQ Poussin **£13.00**  
T Bone (450 Grams) **£18.95**  
Fillet Steak (250 Grams) **£17.95**  
Veal Chop **£16.95**  
With Rosemary, Garlic & Lemon (320 Grams)  
Roast Partridge **£18.00**  
Green Beans & Roast Potatoes

House Burger **£10.95**  
Made with hand diced Angus beef (250 Grams)  
**Topping:** Choice of Blue Cheese/Cheddar, Bacon or Jerk Seasoning  
Southdown Rack of Lamb **£32.00**  
For two (500g)  
Chateaubriand for two (500 Grams) **£44.00**  
All grills served with Chips, pepper sauce or Béarnaise

## Side Dishes

Braised Red Cabbage **£3.50**  
New Potatoes **£3.50**  
Gratin of Leeks **£3.25**

Tender Stem Broccoli **£3.50**  
Mixed /Green Salad **£3.25**  
Cauliflower Cheese **£3.50**

## Desserts

Crème Brûlée **£6.25**  
Venezuelan, Chocolate pot **£5.95**  
Sherry Trifle **£6.25**  
Bread & butter pudding, Vanilla Ice-cream **£5.95**

Poached Autumn Fruits, Honey-Comb Ice-Cream **£6.25**  
Lemon Meringue Pie **£5.50**  
Sticky Toffee Pudding **£5.95**  
Selection of British Cheese **£7.95**

**Monday to Friday**  
**Set Lunch Menu (12-4pm)**  
**2 Courses £11.95/3 Courses £14.95**  
**Traditional Sunday Roast**  
**3 Courses £15.95**

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## Dessert Wines

2005 Monbazillac Domaine de l'Ancienne Cure  
SW France (375 ml)

**Glass:£6.25 | Bottle:£18.50**

2007 Muscat de Rivesaltes Château de Jau Roussillon  
France (500 ml)

**Glass:£6.75 | Bottle:£28.00**

2003 Sauternes Cru Classe, Château Filhot  
Bordeaux France (375 ml)

**Glass:£7.50 | Bottle:£37.00**



## Hot drinks

Tea and Infusions **£2.50**

Filter Coffee **£2.95**

Espresso **£2.50**

Macchiato **£2.95**

Double Espresso **£3.50**

Cappuccino, Hot Chocolate, Latte **£3.50**

Irish coffee **£7.50**



## Liqueurs

### Served in measures of 50ml

Amaretto Disaronno **£6.50**

Baileys **£6.50**

Benedictine **£6.50**

Cointreau **£6.50**

Crème de Menthe **£6.50**

Drambuie **£6.50**

Grand Marnier **£6.50**

Kahlua **£6.50**

Sambuca **£6.50**

Southern Comfort **£6.50**

Tequila Sauza **£6.50**

Tia Maria **£6.50**

Irish coffee **£7.50**



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